

## WHAT CAN YOU DO TO PROTECT THE ENVIRONMENT?



### Home:

Measure your starting point: <https://www.carbonfootprint.com/calculator.aspx>

- use LEDs, review energy-consuming equipment
- standby-modus on equipment: start turning off devices, shut down the internet when not needed for longer periods. Use timer-switches and sensors
- drink tap water (if you live in an area where this is possible). Buy a soda-stream device to create sparkling water
- recycling: sort and use re-cyclable materials (glass, genuinely bio-degradable plastics, paper)
- storage: use containers with lids, cut down on plastic and aluminium foil
- laundry: air-dry clothes in the summer



### Shopping:

- use your own bags, shopping nets for fruit and veg.
- clothing: resist buying cheap, seasonal fashions.



### Food:

- shop locally and buy regional produce
- buy smaller quantities to avoid waste
- review meat consumption
- grow your own fruit and veg if possible



### Renew:

- get involved in tree-planting projects
- explore carbon emission projects
- support environmental conservation and renewal projects (wild-life, insects, flowers)



### Travel:

- walk, bike, take the train whenever possible.
- use public transport
- review your holiday destinations, cut back on air travel
- cruises: review your carbon footprint

### Church: why should we, as Christians, care for the environment and creation?

- explore and study our Christian duty and responsibility
- heating and lighting: review, use LEDs, turn heating down by a degree or two
- standby-modus: turn off all equipment when not in use. Use timer-switches and sensors
- events: review use of plastic plates, cutlery, cups
- purchase re-usable china, glassware and cutlery. If this is not feasible, ask participants to bring their own plates, glasses, etc. to events
- review the church's travel policies: consider video conferencing and train travel as alternatives. Car-pooling.
- recycle waste
- Sunday School and Youth: create awareness and involve the youngsters in all practices
- participate in local clean-up campaigns, join forces with other churches/faith groups



**EVERY LITTLE BIT COUNTS**